

## Food Trucks Offer Alternative Dining and Entertainment Experience

By SALLY HOGARTY  
Editor

Highly anticipated by many and dubiously viewed by others, the food trucks rolled into Orinda on Aug. 17 for the first of many Thursday night events.

Located at the Orinda Community Center parking lot, seven trucks, including six food trucks and one bar on wheels, served a large crowd from 5 – 9 p.m. DJ Bizkit mixed up plenty of '80s music for the appreciative audience.

Provided by Taste of the World (TOW), the trucks are part of a pilot program co-sponsored by the City of Orinda and authorized by the Orinda City Council.

"Our purpose is to expose people to our area," says Parks and Rec Director Todd Trimble. "Let them see the restaurants here in town, the Community Center programs and the library."

Trimble hopes to cross-market local businesses and non-profits as well with groups



A nice sized crowd turned out for the first food truck event at the Orinda Community Center parking lot on Aug. 17. The City of Orinda plans to continue the event on Thursdays for the next several months.

such as the Chamber of Commerce, The Orinda Association and the Farmers' Market having tables with various information on their activities. "It was a fantastic turnout for our first event," he says. "I would guess 400-600 people at its peak."

[SEE TRUCKS page 10]

## The Year of the Czech Culminates in September Festival



SALLY HOGARTY

Riding in the Orinda Association's 4th of July parade were (L-R) Czech Consular Officer **Linda Janourove-Tang**, Vice Chair of Orinda Tabor Sister City Foundation **Slavka Ruzicka** and former Miramonte High School exchange student **Michael Cizek**.

By KATHRYN G. MCCARTY  
Staff Writer

The highly anticipated 2017 Saint Wenceslaus Czech Festival promises to be "the biggest Czech festival on the West Coast," according to Bobbie Landers, president of The Orinda/Tabor Sister City Foundation's Board of Directors. The three-day festival, held Sept. 29–Oct. 1, will be the culmination of Orinda's "The Year of the Czechs."

Landers is pleased with the city's declaration and the year-long festivities which have ensued. "We did something every month to celebrate," she said, adding that while Czech Festivals are popular in the Midwest, the last time the Orinda/Tabor

[SEE FESTIVAL page 6]

## 13th Annual Orinda Classic Car Show Brings Route 66 to Orinda

By David Dierks  
Assistant Editor

The Orinda Classic Car Show returns for its 13th annual weekend celebration highlighting automobiles. The fun starts on Sept. 8 with the Rotary produced pre-show party, Dancing with the Cars. The main event will follow that on Sept. 9 when the streets around Orinda Motors will be filled with classic cars and exotic vehicles. Since this year's theme is Route 66, you can anticipate lots of classic Corvettes.



DAVID DIERKS

Attendees at the Orinda Classic Car Show enjoy up-close views of vintage and exotic cars.

Festivities will start Friday at 5:30 p.m. around the fountain at the Orinda Country Club (OCC) with the Dancing with the Cars fundraising event. "Attendees will have a chance to play the Route 66 raffle, as well as enjoy a fabulous exhibit of classic Corvettes," said Rotarian Barbara Bontemps. "Food for the evening will feature regional

[SEE CAR SHOW page 6]

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More info at: [SaintJohnsAnglican.org](http://SaintJohnsAnglican.org)



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## ROUTE 66

The 13th Annual  
Orinda Classic Car Show  
Weekend

Friday Night Pre-Party,  
September 8th, 5:30pm  
"DANCING WITH THE CARS"

### Route 66

Our all-inclusive event is Orinda's largest community-wide fundraiser. You'll enjoy "Route 66" cocktails, sample regional cuisines like St. Louis BBQ and feast your eyes on the coolest collection of classic Corvettes west of the Mississippi! Great music, silent and live auctions will round out the evening.

Space is limited so don't wait. NO WALK-INS WILL BE ALLOWED.

tix: [OrindaCarShow.com](http://OrindaCarShow.com)



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## Autumn Gallery: 2D Artwork and Saggar Fired Clay Vessels

By ELANA O'LOSKEY  
Staff Writer

The Lamorinda Arts Council will present 2D artwork from Lisa Gunn and Dee Tivenan and both 2D work and saggar fired clay vessels from members of the Three-Eight Art Studio at the Orinda Library Art Gallery during the month of September. The Council invites you to join the artists



CONTRIBUTED PHOTO

Lisa Gunn will display her *Umbrellas in the Garden*, a 30" x 24" oil on canvas at the Library Gallery's September exhibit.

at their reception on Sept. 10, from 2:30 to 4:30 p.m. Light refreshments will be served.

Lisa Gunn of Orinda has a theme for her show, *The Garden*. Five of her large abstracts portray a garden at different locations and times of day. Look for *In the Morning Garden*, 48" x 36," and compare it to *Afternoon Garden*, 36" x 36." Both are oil on canvas, but each has its own distinct presence. The artist hopes people walk away with a new sensory appreciation of their garden. A selection of landscapes and stills will also be on display.

Gunn says her extensive background in music and work as a music teacher enhances her paintings. She finds the language of music – its shapes and phrases – translates easily to shaping light and shadow in her paintings. Thus, each medium enriches the other. Visit [www.lisagunnart.com](http://www.lisagunnart.com) to see more of her work.

Dee Tivenan is showing over 10 works created in her Orinda studio. Play and spontaneity are significant elements in her work. Building the structures of her paintings using multiple layers, she combines different mediums including watercolors, pastels, oils and acrylics. She began painting in 2011 when her father died. Her work as a psychotherapist focuses on feelings and

this strengthens her ability to paint from an emotional perspective.

Look for *Tidal Pools 2*, a 22" x 30" watercolor and *Hopefully, Peace*, a 25" x 33" watercolor collage. Each draws you in to luscious swirls of color but leaves you in a different place. Tivenan's experience of entering the local community of artistic resources has been rewarding and enjoyable. She says there are many opportunities for painting, dancing, and music such as classes at the Orinda Community Center. See more of her work at [www.deetivenan.wixsite.com/paintings](http://www.deetivenan.wixsite.com/paintings).

Three-Eight Art Studio is a group of seven artists who have been meeting for six years to share their Chinese heritage and love of art. Together, they exchange ideas, attend exhibits and show work. Six group members are exhibiting 25 artworks. These include watercolors by Ricky Chang of Walnut Creek, acrylic paintings and ink drawings by Doris Chen and Wang Hai Chen of Berkeley ([www.channingart.com](http://www.channingart.com)), acrylic paintings by Shunghwa Chow of Antioch ([www.shunghwachow.com](http://www.shunghwachow.com)), and Beichen Li of Berkeley ([www.beichenli.com](http://www.beichenli.com)), and clay works by Lucia Tsang of Walnut Creek.

Li never travels without her camera, which enables her to document the world



CONTRIBUTED PHOTO

Beichen Li's *Outside In - Cat with Blanket*, a 24" x 36" acrylic on canvas will also be on display during September.

so she can later reconstruct images in her studio. Look for *Outside In - Dreaming Forest* and *Outside In - Green Hills*, both 30" x 30" acrylics on canvas, and see where

[SEE GALLERY page 13]

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**Car Show will be matched**  
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**Help us cross the finish line!**

To Donate please go to [www.orindaassociation.org](http://www.orindaassociation.org) and click on "Programs & Events" and "Car Show"

## Local Artist's Drawings Featured at Orinda Books

With a bow to the Orinda Classic Car Show, Orinda Books will feature Richard Leech's beautifully detailed drawings of automobiles, motorcycles and locomotives in its gallery exhibit for September. "He loved anything with an engine," says his wife Susan Leech, owner of Orinda Village Antiques at 107 Orinda Way.

Richard Leech passed away in 1993 but his many drawings attest to his love of motorized vehicles, a perfect correlation with the annual classic car show. Leech spent most of his life doing the exacting work of a technical illustrator. Born in England, he had an early fascination with locomotion and attended Southwest Essex College and Derby College of Art and Technology on scholarship. In 1964, he moved to California and began his own business, which served the advertising and illustration needs of such prominent companies as Yamaha, General Motors, Mazda, and Porsche, as well as organizations such as *National Geographic* and the U.S. Postal Service.

"He was an amazing illustrator and did



CONTRIBUTED PHOTO

Illustrations of motorized vehicles by the late artist **Richard Leech** will be shown at Orinda Books in September.

so without a computer in sight. He could see in 3-dimensions – quite a gift," says Susan. Richard Leech's work will be on display at Orinda Books through September with a reception scheduled for Sept. 9, from 1 – 3 p.m. For more information, call 925-254-7606.

– Sally Hogarty, Editor

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# The 13th Annual Orinda Classic Car Show Weekend

Friday Night Pre-Party,  
September 8th, 5:30pm  
"DANCING WITH THE CARS"

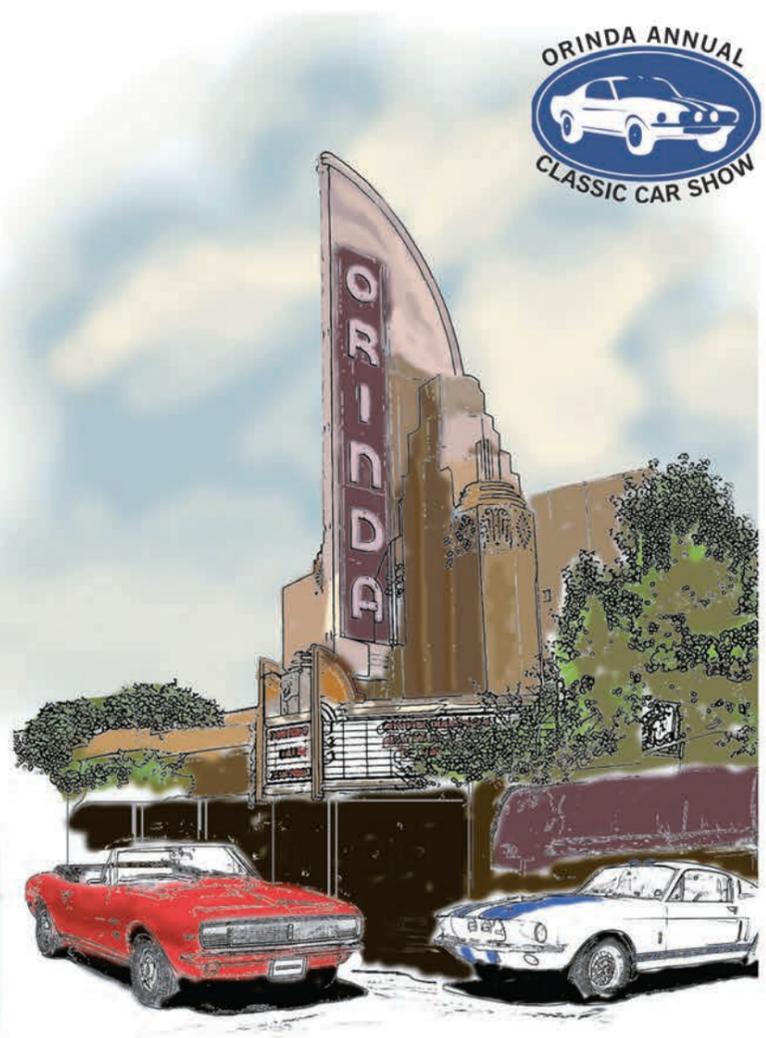
Saturday,  
September 9th, 10am-3pm  
**ORINDA CLASSIC CAR SHOW**

Exhibitors' Sponsor  
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Entries by mail are now closed. Please go to [www.OrindaCarShow.com](http://www.OrindaCarShow.com) for current entry information. Join us as a spectator – Admission is FREE!

Enjoy vintage and modern exotic cars and motorcycles, food, music, and more! The show will be held in and around Orinda Motors, 63 Orinda Way.

**Cruise in a Classic!**  
Donate \$10 and choose your ride for the Drive.



## Enter Your Car and Buy Party Tickets Today at [www.OrindaCarShow.com](http://www.OrindaCarShow.com)

These events benefit the Seniors Around Town transportation program, Educational Foundation of Orinda and other local charities. We would like to thank our partners for helping make these events happen: The Orinda Association, Rotary Club of Orinda, Orinda Historical Society Museum, Orinda Country Club, Orinda Chamber of Commerce, EFO, Lamorinda Arts Council, Orinda Community Foundation and Seniors Around Town.

### Event Schedule

Friday, September 8th, 5:30pm  
"DANCING WITH THE CARS" FRIDAY NIGHT PRE-PARTY

The presenting sponsor for this great event is **Mechanics Bank**.

#### Route 66

Our all-inclusive event is Orinda's largest community-wide fundraiser. You'll enjoy "Route 66" cocktails, sample regional cuisines like St. Louis BBQ and feast your eyes on the coolest collection of classic Corvettes west of the Mississippi! Great music, silent and live auctions will round out the evening.

This community-wide fundraiser benefits our schools, our seniors, the arts, our parks, recreation programs, and more!

**Buy your tickets at:**  
[www.OrindaCarShow.com](http://www.OrindaCarShow.com)  
Space is limited so don't wait.  
**NO WALK-INS WILL BE ALLOWED.**

Saturday **Free Admission**  
September 9th, 10am - 3pm  
**13TH ANNUAL ORINDA CLASSIC CAR SHOW**

The presenting sponsor for this event is **Orinda Motors**.

- The show will be held in Orinda Village around Orinda Motors and on Orinda Way
- 200 Classic and modern exotic cars as well as unique motorcycles
- Lamorinda Idol Winners Performance at Noon
- Arriving at 1 p.m., there will be an outstanding exhibit of classic Corvettes - cars from the 50's, 60's to today - driving into the middle of the show. If you experienced last year's rolling Ferrari exhibit, you know this will be really exciting! Special thanks to the Diablo Valley Corvette Club for their support and assistance developing this year's special exhibit.
- Shaded seating to enjoy lunch and refreshments from the Car Show BBQ Booth
- Loard's Ice Cream and Candy
- Ride in the Drive of Classic Cars at 3pm
- Buy a 2017 Car Show T-Shirt

Proceeds benefit local charities: Seniors Around Town, Educational Foundation of Orinda, Orinda Historical Society Museum, The Orinda Association, Orinda Community Foundation and other local charities.

See a 1pm visit of over 60 years of Corvettes – driving into the middle of the show – from the 50's to today!



### "DANCING WITH THE CARS" PARTY SPONSORS



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Special thanks to the Rotary Club of Orinda for producing this party!

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*Orinda News*, Pacific Business Centers, Piccolo Napoli, Recuerdo Wines, Republic Services, Safeway, Sales Muscle, Svensson's, Thompson Group Marketing

### CLASSIC CAR SHOW WEEKEND PIT CREW

Dan Akol	Bill Criswell	Kazmierowski	Mike Robinson
Hallie and Henry Alfaro	Frank Darling	Emily Lambert	Dayna and John Sayres
Stretch Andersen	David Dierks	Mark and Mary Maxson	Bob Schmaltz
Syd Anderson	Anthony Drewitz	Todd Mercer	Greg Sisk
Nancy and Bob Bishop	Jill Gelster	Pete Michaelides	Jeff Smith
Kevin Bixler	Steve Giacomo	Ken Miller	Tom Steinberger
Barbara and Jack	Karen Derr Gilbert	Jim Mitchell	Steve Strand
Bontemps	Susan and Steve Glynn	Ed Moffatt	John Vanek
Boy Scout Troop 303	Lincoln Haley	Tom Pearson	Craig Volpe
Sue Breedlove	Steve Harwood	Allen Pennebaker	Marie and Bill Waterman
Tom Brzezinski	Carolyn and Chip Herman	Greg Pritchard	Kate Wiley
Sheila and Scott Butler	Sally Hogarty	Terry Ranahan	Brandt Williams
Betsy and Greg Chovanes	Sylvia Jorgensen	Debbie and Wayne	Rick Woodward
Steve Corbitt	Stu Kahn	Rechnitz	
Bill Cosden	Aileen and Mark	Kriste Roeth	

THE ORINDA ASSOCIATION

The Orinda Association

The Orinda Association is a not-for-profit corporation dedicated to:

- Maintaining and improving the quality of life in Orinda;
- Promoting awareness and discussion of issues that are important to the community;
- Encouraging and recognizing volunteer efforts to enhance the beauty, character and security of Orinda.

P.O. Box 97  
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A Message From the OA President  
Orinda is about Good Neighbors



Cindy Powell

Sept. 2 starts the month as family, fans and alumni observe **National College Colors Day**. This day, celebrated annually by wearing your college team's colors and apparel, happens to fall on the same day as **National Tailgating Day**, which signals the beginning of football season. Always ahead of the pack, the Mats will have already enjoyed home games against Vanden (August 25) and St. Mary's College High School (Sept. 1). Remember, the Miramonte Competitive Cheer Team is nationally ranked also, giving you one more reason to cheer. **GO MATS!**

Many of our local clubs and organizations (e.g., Orinda Junior Women's Club and our four Garden Clubs) do not meet over the summer so September kicks off their new year. Check out the calendar and see where you can join to meet new people and make your community a better place. Sept. 4, **Labor Day**, is dedicated to the men and women who have labored to build our wonderful country. It also traditionally signifies the "end of summer" and back to school Tuesday . . . in the old days.

And then comes the busiest weekend in Orinda. The **CAIFF Film Festival** begins the weekend early on Sept. 7, and builds up to the Helen Hunt reception on Saturday night. Sept. 7 is also the **Friends of the Orinda Library's Book Sale**. The Friends sort many incoming boxes and sometimes find some very unusual items. Ask them about it. Sept. 8 is **Dancing With The Cars**, the pre-party to the Annual **Orinda Classic Car Show** on Sept. 9. Orinda Rotary produces this party, themed as *Route 66* and highlighted elsewhere in this issue. Fancy cocktails, games and dinner on Friday will prepare you for the fun cars on Saturday. These events benefit our local charities so join the fun. What's Up Downtown Orinda and friends are offering a unique Orinda auction item that I am definitely interested in winning. Sept. 9 is **California Admission Day**. We became the 31st state in 1850. Fly your "bear flag" proudly.

Sept. 19 is **National IT Day** (information technology) to recognize the unsung hero of modern business. Often under-appreciated until your desktop, laptop or mobile devices freak out, IT people are invaluable. I am thankful every time ours puts me back

in business. On Sept. 21, **Gratitude Day**, asks us to reflect on the many amazing things we have in our lives. Appreciation can positively impact our well-being and make us happier, more contented people. I am grateful for our OA members and sponsors that support our programs and events. I also like the way this day falls near the time of harvest festivals.

Sept. 22, at 1:02 p.m. Orinda time, is the **Autumnal or September Equinox**, when the sun shines directly on the equator and the length of day and night is nearly equal. Sept. 23 is the 45<sup>th</sup> **National Hunting and Fishing Day** to recognize that most hunters and fisherman are responsible naturalists and environmentalists. So, hug a hunter. Unless you're a bear. Also, that Saturday is the USC @ CAL game. Someone will have won the *Conduct the Cal Band* prize from the Car Show auction. We hope to see the video!

Sept. 28 is **Good Neighbor Day**. In 1978, President Jimmy Carter issued Proclamation 4601: "As our Nation struggles to build friendship among the peoples of this world, we are mindful that the noblest human concern is concern for others. Understanding, love and respect build cohesive families and communities. The same bonds cement our Nation and the nations of the world. For most of us, this sense of community is nurtured and expressed in our neighborhoods where we give each other an opportunity to share and feel part of a larger family. . . . I call upon the people of the United States and interested groups and organizations to observe such day with appropriate ceremonies and activities." The proclamation is a fitting reminder that five years ago *Forbes Magazine* named Orinda as "America's Second Friendliest City."

We are also celebrating 20 years of friendship with Tabor, our Sister City. With that in mind, come to the three-day festival of Czech-inspired fun in the heart of Orinda beginning on Sept 29. **The Saint Wenceslaus Czech Festival** is the largest festival of its kind taking place in the Western United States.

We have wonderful neighborhoods in Orinda because we are good neighbors. Support your town and enjoy the many events this month.



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Tickets at Box Office or call 925-528-9225 or email info@orsvp.org

Starlight Dinner Theater Offer

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**POLICE BLOTTER**

July 2 through August 12, 2017

**Calls for Service**

911 Hangup: 14 incidents.  
 Accident Injury: 1 incident.  
 Accident Property: 10 incidents.  
 Alarm, False: 172 incidents.  
 Animal Cruelty: 4 incidents.  
 Barking Dog: 10 incidents.  
 Burglary, Auto: 4 incidents.  
 Burglary, Residential: 4 incidents.  
 Civil Matter: 23 incidents.  
 CVC Moving Violation: 90 incidents.  
 CVC Non-Moving Violation: 36 incidents.  
 Drunk in Public: 1 incident.  
 DUI Misdemeanor: 1 incident.  
 Fire/EMS Response Info: 1 incident.  
 Fireworks: 3 incidents.  
 Found Property: 5 incidents.  
 Fraud/Credit Card: 2 incidents.  
 Fraud/False Pretenses: 2 incidents.  
 Grand Theft: 1 incident.  
 Grand Theft Veh. Parts: 1 incident.  
 Hailed by Citizen: 1 incident.  
 Hazmat: 1 incident.  
 Hit & Run Misdemeanor: 3 incidents.  
 Identity Theft: 7 incidents.  
 Juvenile Disturbance: 8 incidents.  
 Litter: 1 incident.  
 Loitering: 4 incidents.  
 Lost Property: 1 incident.  
 Loud Music: 8 incidents.  
 Loud Noise: 7 incidents.  
 Loud Party: 13 incidents.  
 Medical Hospital: 5 incidents.  
 Missing Adult: 1 incident.  
 Motorist Assist: 5 incidents.  
 Occupied Stalled Vehicle: 1 incident.  
 Ordinance Violation: 22 incidents.  
 Other Infraction: 1 incident.  
 Outside Assist: 33 incidents.  
 Panhandling: 3 incidents.  
 Parking Detail: 131 incidents.  
 Patrol Request: 30 incidents.

Petty Theft: 1 incident.  
 Petty Theft from Vehicle: 1 incident.  
 Petty Theft Purse Snatch: 1 incident.  
 Petty Theft Vehicle Parts: 1 incident.  
 Phone Harassment: 1 incident.  
 Public Assembly Check: 5 incidents.  
 Public Nuisance: 3 incidents.  
 Reckless Driving: 17 incidents.  
 Robbery: 1 incident.  
 School Check: 2 incidents.  
 Security Check: 50 incidents.  
 Service to Citizen: 161 incidents.  
 Suspicious Circumstances: 22 incidents.  
 Suspicious Person Stop: 12 incidents.  
 Suspicious Subject: 12 incidents.  
 Suspicious Vehicle: 24 incidents.  
 Suspicious Vehicle Stop: 14 incidents.  
 Tamper with Vehicle: 1 incident.  
 Tow: 7 incidents.  
 Traffic Collision/Property Damage: 1 incident.  
 Traffic Hazard: 19 incidents.  
 Trespass: 4 incidents.  
 Vacation House Check: 100 incidents.  
 Vandalism: 6 incidents.  
 Vehicle Embezzlement: 1 incident.  
 Verbal Dispute: 4 incidents.  
 Welfare Check: 11 incidents.

**Arrest**

Drunk in Public: 2 arrests.  
 DUI Misdemeanor: 2 arrests.  
 Robbery: 1 arrest.  
 Shoplifting: 2 arrests.  
 Warrant Arrest: 3 arrests.

**BART Statistics**

Auto Burglary: 4 incidents.

— Compiled by David Dierks  
 Assistant Editor

For more incidents details, visit [www.crimereports.com](http://www.crimereports.com).



COURTESY OF FIRSTSTUDENTINC.COM.

The OUSD has a contract with First Student Inc. for use of their buses for transporting students.

**School Bus Service Continues to Evolve**

By BILL O'BRIAN  
 Staff Writer

As Orinda schools opened for the 2017-18 year, registration for school bus service was on-going, though rife with controversy after June 8 and July 13 meetings of the Lamorinda School Bus Transportation Agency (LSBTA) and a subsequent Aug. 7 Orinda School Bus sub-committee

meeting. The agency formalized a plan, with a 7-1 vote, that initiated changes to several bus routes for this coming school year, much to the chagrin of many parents, particularly from the El Toyonal area where bus service is virtually eliminated. The LSBTA approved the plan that eliminates or changes a number of school bus routes as administered by First Student, which has

[SEE BUSES page 16]



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**State Senator Steve Glazer Recounted First Years in Office**

By SALLY HOGARTY  
 Editor

The Orinda Rotary Club had a standing room only crowd at its Aug. 2 luncheon where State Senator Steve Glazer was the featured speaker.

The packed auditorium at the Orinda Community Center heard about life in Sacramento for the Orinda resident, who drives to the capitol each day. "I think it's important to come home every night and connect with my family and friends in Orinda. It reminds me of who I represent," explained Glazer.

Glazer, a Democrat, spoke of funding his campaign for office independently rather than making promises to wealthy contributors and his spirit of bi-partisanship during

[SEE GLAZER page 15]



SALLY HOGARTY

State Senator Steve Glazer displays a Hall of Shame baseball card with his photo. The card enumerates various positions he has taken that the group publishing the card dislikes.



**VILLAGE PIZZA**  
 REMEMBERS



**ADELAIDE "ADDIE" DI SANO**  
 December 3, 1922 – July 11, 2017

The Village Pizza Family would like to announce the passing of one of our original owners and founders. After a long, successful run at their first restaurant, Kip's in Berkeley, Addie and her husband Joe, relocated to Orinda in 1983 and opened Village Pizza. We are indebted to Addie for our continued success, whose original recipes we continue to use today. We at Village Pizza thank Addie for her contributions, and will remember her fondly.



Joe and Addie at Kip's in the 1950s.



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# Letters to the Editor...

## Thank You Seniors Around Town

We, the residents of Orinda Senior Village, thank Seniors Around Town (SAT) so much for all it does for us throughout the year. One of the highlights for us is the "Fourth of July" Parade accommodations.

Many of us in our "golden years" have difficulty getting around! That great covered viewing stand being made available for us for parade watching made for a very comfortable day! We felt so "taken care of"! We were able to watch the parade in the

shade while sitting with our friends. Also, we enjoyed bottles of cold water, which the Orinda Association's Seniors Around Town program so generously provided. We never missed out on the festivities, and all because of the concern and caring about us!

Thank you SAT for adding so much to our everyday lives. It's always a "holiday" for us when we are on the receiving end of your kindness.

With much appreciation!  
- Antica Odabashian and Lucy Jacobus

## ◆ CAR SHOW from page 1

cuisine, like Chicago deep-dish pizza, St. Louis BBQ ribs, and southwestern delicacies, plus there will be a signature cocktail called appropriately enough, The Red Corvette." A silent auction before dinner and a live auction after dinner round out the evening. "Dancing with the Cars has become Orinda's largest community-wide fundraiser, where monies raised benefit a variety of local and international efforts," added Bontemps.

Proceeds from the dinner benefit local charities, including The Orinda Association, Educational Foundation of Orinda, Rotary Club of Orinda, Lamorinda Arts Council, Orinda Starlight Village Players, Orinda Historical Society Museum, Orinda Park and Rec Foundation and other non-profit community partners. Tickets are available at [www.OrindaCarShow.com/enjoy-dancing-with-the-cars](http://www.OrindaCarShow.com/enjoy-dancing-with-the-cars). Over the last 12 years, the car show has raised more than \$450,000 for local charities.

The next day, Saturday Sept. 9, the free car show will take over the streets of Orinda from 10 a.m. to 3 p.m. on the Village side. A large variety of over 200 vehicles will be on display, including classics, muscle cars, exotics and motorcycles. Those who make a donation of \$10 will be able to ride in an exhibiting car during the "Drive" at the close of the show.

Proceeds benefit the Seniors Around Town transportation program, and donations are tax-deductible. Seniors Around Town is provided by The Orinda Association and connects Orinda seniors who are no longer able to drive with volunteer drivers who provide rides to doctor appointments, errands and social events in the Lamorinda, Berkeley and Walnut Creek areas. Seniors Around Town now provides over 600 free rides a year to Orinda seniors.

There will be shaded seating available to enjoy refreshments from the Car Show BBQ booth and Loard's Ice Cream. The Lamorinda Idol winners will make their first performance since the Idol finals on Aug. 27. A new addition to the car show in recent years is the rolling exhibit. This year's rolling exhibit covers over 60 years

of Corvette history, and attendees will see Corvettes from the '50s and '60s to the latest models.

Parking during the show is available at the Orinda Community Church (10 Irwin Way), Vintage Court Office Center (25 Orinda Way) and the Pine Grove Business Center (4 Orinda Way). Founded by Chip Herman and presented by Orinda Motors, the Orinda Classic Car Show is not to be missed.

For more information, visit [www.orindacarshow.com](http://www.orindacarshow.com).

## ◆ FESTIVAL from page 1

Sister City Foundation hosted a Czech Festival was 18 years ago.

"Educating Orindans about their sister city is important," said Landers. "We'll show them some of the culture and food of our Sister City." The Foundation seeks to raise awareness in the greater San Francisco Bay Area about the significance and impact of the Czech Republic and its citizens on the world.

The Festival begins with a Rededication Ceremony of the Linden Tree (the national tree of the Czech Republic) from 3-5 p.m. on Friday, Sept. 29, in the Orinda Community Park. Following the ceremony, there will be a formal dinner at The Quarry House, 6 p.m. - 10 p.m., with catering provided by Barbara Llewellyn. Entertainment will be provided by Muzicka.

A full day of activities is planned for Sept. 30, from 9 a.m. - 5 p.m. in the Orinda Community Park, Community Center and Library. According to Landers, there will be entertainment featuring Czech dancing and singing, booths with Czech delicacies, traditional crafts for sale and games for kids. Highlights will include: Marionette performances; folk dancers from San Diego (Karicka); folk musicians from the Czech Republic (Muzicka); Berkeley Folk Dancers; The East Bay Banjo Club; the Sokol SF Beseda dancers; and Orinda's own Little Folk Dancers.

Local vendors will offer an array of Czech foods, desserts and beer. There will also be classes, including egg decorating by Lenka Glassner and wheat weaving and dough ornaments by Daniela Ma-



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honey. Special exhibits will include: Paul Goldsmith, photographs of Prague 1968; Czech Tourism's highlights from the Czech Republic; and "Leaving Czechoslovakia" and "Witness to the Revolution," traveling panels from the Czech & Slovak Library and Museum in Cedar Rapids.

The Festival closes Oct. 1 with a small symphony concert featuring pieces by beloved Czech composers Antonín Dvořák and Bedřich Smetana in the Orinda Library Theatre from 5-6 p.m.

Honorary guests at the Festival are set to include William Lobkowitz, current

heir and manager of most of the Lobkowitz lands in the Czech Republic and his wife Sandra, who will preside over the Gala; Honored Ambassador Maria Cheperem; Czech Permanent Representative to the UN, Ambassador Marie Chatardova; Pavol Šepelák, Consul General of the Czech Republic from Los Angeles; Richard Pivnicka, Honorary Consul General of the Czech Republic in San Francisco; and Barbara M. Pivnicka, Honorary Consul of the Slovak Republic.

For more information about the Festival, visit [www.orindataborsisterscity.org](http://www.orindataborsisterscity.org).

*The Orinda News* prints 9,000 copies and is published 12 times a year by The Orinda Association. The office is located at 26 Orinda Way (lower level of the Library). All rights reserved. The publication is sent out by direct mail (Permit #4, Orinda Post Office) and distributed to key locations throughout the city.

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 Contributing Writers.....Katharine Barrett, Jim Bovelli, Susan Domingo  
 Graphics.....Aspen Consulting: Jill Gelster & David Dierks  
 Printing.....Folger Graphics

## The Orinda News

A Publication of  
 The Orinda Association  
 Mailing Address  
 P.O. Box 97  
 Orinda, California 94563  
 Telephone: 925 254-0800

[www.orindanews.org](http://www.orindanews.org)

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Send letters to: Editor, *The Orinda News*, P.O. Box 97, Orinda, CA 94563, or email to [news@orindaassociation.org](mailto:news@orindaassociation.org). Letters to Editor for the September issue are due August 8, 2017.

For display advertising rates, call Jill Gelster at 925-528-9225 ([jill@aspenconsult.net](mailto:jill@aspenconsult.net)) or Elana O'Loskey at 925-984-1751 ([elanao@mac.com](mailto:elanao@mac.com)). The deadline for the September issue is August 8, 2017.

CARS / CONFERENCE

# CAR TIME

Another Flat Tire?



By JOHN VANEK

It seems that Orinda is popular for tire punctures. It does not surprise me. When I drive through the hills, I see construction trucks on many roads, which means houses are constantly being built or refurbished. That means screws, nails or pieces of metal end up on the roadway causing unwanted tire issues. Since these road hazards are all over the place, getting a flat tire is just something that happens. It is how we deal with the possibility and the reality that can save your tire and your time.

Starting around 2005, the government forced the automotive manufactures to put low tire pressure warning systems in all passenger vehicles. This warning light called the TPMS (tire pressure monitoring system) is like a check engine light for your tires. Yes, most drivers see it as a big pain. Yes, it is another piece of technology that can fail so that the light might come on when tires are not low. Still, we need to embrace this system because advantages outweigh disadvantages.

Sometimes the light will come on indicating air pressure is slightly low and just needs to be topped off. Keeping tire pressures at proper inflation helps tire wear and fuel economy while keeping you safe. It is important, which is why the U.S. Government makes it mandatory. Just like a check-engine-light, if ignored it can cost inconvenience and more money. It does not pay to ignore problems with your car, something I see happen all the time. Some owner/drivers will not make their car a priority just as some people don't make their health a priority. The car ends up at

the shop when problems are ignored, or the owner ends up in the hospital when health issues are ignored.

The bottom line is get your tire pressures checked, and if one or more tires are drastically low, get it or them checked at a tire shop as soon as possible. It is not a good idea to keep adding air when a repair is what is really needed. That would be analogous to getting a jump start repeatedly when you really need a new battery. It is always best to handle car issues when you can control the schedule and outcome.

What happens when a vehicle is driven on a flat tire too long? The sidewall of the tire is not supported, and the weight of the vehicle smashes it down to the driving surface, ruining the sidewall and making the tire worthless. So, take action when a TPMS light is on. Also, don't drive a car on a flat tire. Immediately, put on the spare or call a tow truck. The only exception would be a situation where you are in dangerous place on the highway or a part of town where your life is in danger. Your personal safety is worth more than the cost of a new tire or even of your car itself.

What else can cause damage to a tire? Anything that makes contact with the tread or sidewall can cause damage. When parking or backing, be aware of items like rocks, retaining walls or sprinkler heads. Hitting the sidewall of the tire against the curb can cause a bubble which will compromise the integrity of the sidewall and might necessitate replacement. Some tire damage can be avoided; some can't. Tire wear is also

[SEE CAR TIME page 9]

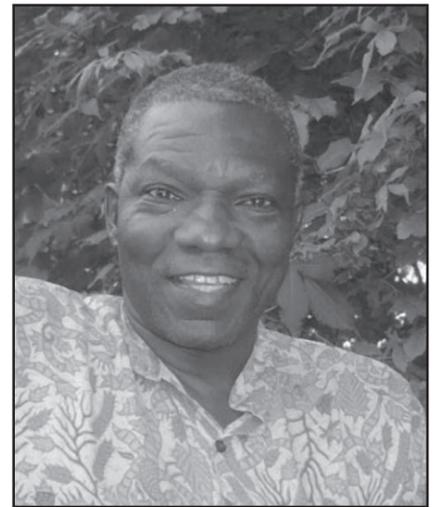
# Congo Mission Conference at LOPC

By BOBBIE DODSON  
Staff Writer

The Congo Mission Annual Conference, drawing participants from the Congo and around the United States, will take place Sept. 21 - 23, at Lafayette-Orinda Presbyterian Church (LOPC), 49 Knox Drive, Lafayette. "Moving Mountains in the Congo through Reconciliation" is the theme of the event.

Dr. Pakisa Tshimika, born in the Congo, but now residing in Fresno, will be the featured speaker on the morning of Sept. 22. His talk is titled, "Congo: Current Conditions in the Democratic Republic of Congo (DRC); Causes of Conflict and Why Reconciliation is Critical."

"The conference provides an excellent opportunity for area residents to learn about the difficult situations in the DRC, one of the poorest nations in the world, and the rays of hope that still shine through," says Roberta Spalding, chair of the conference. "Along with the keynote speaker, missionaries from the DRC will tell of their work, as will members from Presbyterian Churches throughout the United States which support work there. There will be special emphasis on conflict resolution,



CONTRIBUTED PHOTO

Dr. Pakisa Tshimika will speak on current conditions in the Congo at the conference on Sept. 21-23 at LOPC.

and Dr. Tshimika holds many certificates on this subject."

Dr. Tshimika earned a Ph. D. in Public Health from Loma Linda University in Southern California. He has gone back to the Congo many times since his 1991 graduation, as well as traveling throughout the world. In 2000, he managed one of the first health zone systems established in

[SEE LOPC page 16]

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# Chamber of Commerce Sponsors First Annual Senior Health Fair

By BOBBIE DODSON  
Staff Writer

Orinda's first annual Senior Health and Wellness Fair will take place Sept. 23, 1 to 4 p.m. at the Orinda Community Center, 23 Orinda Way. "We want this to be a different kind of health fair, one which focuses on quality of life and choices that people can make to have a vibrant lifestyle as they age," says Sophie Braccini, Executive Director of the Orinda Chamber of Commerce.

To this end, keynote speaker, Dr. Patrick Arbore has titled his talk "Senior Empowerment." He says, "Self-empowerment means taking control of one's life and developing the resilience to overcome inevitable chal-

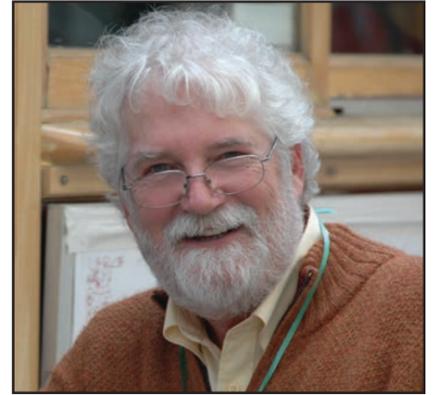
lenges." He continues, "Older people who have a positive self-perception of aging, which can flow from self-empowerment, may actually live longer as some researchers suggest. So, let's keep fit, eat right, take up a new hobby, be a volunteer, or connect in a new community of people. We no longer have to become victims of aging. Together we can change the paradigm of what it means to grow older in this society."

Dr. Arbore is on the staff of San Francisco's Institute on Aging and founded its Friendship Line. He is also a senior lecturer in the Human Services Division at Notre Dame de Namur University in Belmont and a lecturer in the School of Social Welfare at the University of California, Berkeley. He is the recipient of the Jefferson Award for Public Service.

While the idea for the fair originated with Braccini and the Chamber, other organizations such as The Orinda Association, Lamorinda Village, Orinda Care Center, IndeeLift and Seniors Around Town are partners. There will be 20 vendors giving

information to seniors, or their children, about different living alternatives offered to seniors. Vitality Bowl will provide healthy food and drink. There will also be a panel of health experts to discuss various topics, including nutrition, mindfulness, medicinal cannabis and alternative medicines.

Braccini says, "Join your community for an afternoon of information, music, light food and refreshments - and fun. This free event has been created for seniors and their families to learn about how to stay healthy and improve their lives after retirement." For more information, contact [orindachamber.org](http://orindachamber.org) or call 925-254-3909.



KELLIE CHARLTON  
**Dr. Patrick Arbore** is the keynote speaker at the first annual Senior Health Fair on Sept. 23.

## Orinda Olive Festival Returns to Wagner Ranch Nature Area Oct. 1



CONTRIBUTED PHOTO

It's all things "olive" at the Wagner Ranch Nature Area's annual festival, which includes lots of games, hikes and more.

By KATHARINE BARRETT  
Contributing Writer

Once again, it's time to celebrate all things "olive" at the 8th Annual Orinda Olive Festival. The popular event takes place Oct. 1, from 11:30 a.m. - 4:30 p.m., at the Wagner Ranch Nature Area, 350 Camino Pablo, in Orinda.

The free event supports outdoor environmental education and social studies pro-

grams for children and youth and includes a plethora of activities for all ages. At the celebration, you can enjoy games, crafts, pond and garden activities, music and food. You can also learn about and taste a variety of olives, olive oils and various products from local growers, and attend cooking demonstrations and docent tours throughout the historic ranch and olive grove.

For more information, go to [www.fwrna.org](http://www.fwrna.org).

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**Inaugural Orinda Senior Health and Wellness Fair**  
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## LAMORINDA IDOL

## Lamorinda Idol Stars Took Over the Orinda Theatre August 27

By KATHRYN G. MCCARTY  
Staff Writer

*Editor's Note: The finals of Lamorinda Idol were held Aug. 27, after this edition went to press. To find results, please go online to <http://lamorindaarts.org/lamorinda-idol>.*

When the curtain rises on the final round of Lamorinda Idol on Aug. 27 at the Orinda Theatre, young singers, from kindergarten to high school will have been waiting in the wings ready to hit the stage. The young performers prepared for the show, celebrating its 12th year, since the first rounds in May when they competed with almost 200 young hopefuls.

Lleyton Allen, an eighth-grader at Joaquin Moraga Intermediate School, has been participating in Lamorinda Idol since 2012. Prior to the final, he noted, "I think everyone is going to be 30 percent nervous, because if you're never nervous before a show then you don't want to be doing it, and 70 percent uber excited!" Allen competed in both the solo and group categories. "Music is a way to speak to people through their emotions while maybe making them



CONTRIBUTED PHOTO  
**Amelia Chen**, a seventh-grade student at OIS and finalist in the middle school soloist category, sang at the Fourth Bore this summer.

laugh, or cry, or think! And I think it helps people because they take it in differently so you can really speak to your audience," adds Allen.

According to Lamorinda Idol organizers, the competition showcases the vocal and performance talents, solo or in groups, of youth in our community. "Lamorinda Idol is magical to me," said Lamorinda Idol founder, Steven Harwood. "I love seeing young people who are passionate about singing receive the unwavering support of their parents as well as our Idol judges, volunteers, sponsors, and audience members as they strive to nurture their artistic talents."

Idol finalists and runner-ups have many opportunities to perform throughout the year and to train for the show. Young singers have performed at a variety of area festivities including Orinda's July 4th Parade and summer concerts at the Orinda Com-

#### ◆ CAR TIME from page 7

always a consideration. If a tire is worn down less than fifty percent of its original tread, puncture resistance is significantly decreased. If a tire is worn badly on the edges due to alignment or suspension issues, there is more risk for a blow-out. As usual I recommend taking control of your own car care situation. That includes paying attention to your tires. I am available for automotive consultation.

*John Vanek can be reached at [john@orindamotors.com](mailto:john@orindamotors.com).*

munity Center Park and Lafayette Plaza. The winners of this year's Idol will perform at the Orinda Car Show in September, the Lafayette Art and Wine Festival, and the Lamorinda Arts Council's Holiday Luncheon as well as at Orinda Theatre Square.

"I continue to be amazed at the depth of singing talent in Lamorinda," says Pam Whitman, a long-time Lamorinda Idol judge, before adding, "I admire the willingness of young children and teens to take the stage and give performing their all in public forums."

The program features kindergarten through 12th graders living or attending school in Orinda, Lafayette and Moraga. Allen, who studies vocal music at Oakland School for the Arts, speaks for many of the contestants: "Music is extremely important to me because I use it in many ways. Whether it be in a competition, or in a musical, or even in the shower." The contest's founder would agree with Allen's sentiments. "Certainly, for me, and I think for all of the volunteers, the Lamorinda Idol activity is the good stuff of life," says Harwood. "We're surrounded by young people who are passionate about their singing and audiences that appreciate that they are being given the gift of song."

The 2017 Lamorinda Idols will have been chosen through audience votes combined with feedback from a local panel of professional musicians and teachers. "I was so amazed last year at the camara-

derie and support the contestants showed one another," said last year's emcee Sally Hogarty, who returns this year to emcee the morning session. *The Orinda News* Editor added, "Although the contestants were obviously nervous, they were also so excited to perform and that excitement transmitted to everyone in the audience."

For a complete list of this year's Lamorinda Idols, go to [www.lamorindaarts.org/lamorinda-idol](http://www.lamorindaarts.org/lamorinda-idol).



CONTRIBUTED PHOTO  
**Lleyton Allen**, an 8th Grader at Joaquin Moraga Intermediate School, has been participating in Lamorinda idol since 2012.

## National Coastal Cleanup Day 2017

Join Friends of Orinda Creeks in the annual beach and inland watershed cleanup right here in Orinda!

Trash accumulates along San Pablo Creek in Downtown Orinda and flows downstream all the way to San Pablo Reservoir and beyond to San Francisco Bay. Help take care of our fragile marine environment by volunteering your time right here in Orinda.

Join Friends of Orinda Creeks at 9 a.m. on Saturday, Sept. 16. Directions: turn down the driveway at 25 Orinda Way and park near the chain link fence. Bring sunscreen, gloves (if you have them), water, and wear long pants, long-sleeve shirts, and sturdy shoes. All other equipment will be provided.

For further information, contact Jim Luini ([jimluini@aol.com](mailto:jimluini@aol.com) or 925-254-6208) or Adriane Bosworth ([bosdesign7@gmail.com](mailto:bosdesign7@gmail.com) or 925-254-7538).



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A healthy breakfast is always a great start to the day whether you're heading to school, going to the office or embarking on a day running errands. September is National Better Breakfast Month and your local Saturday Farmers' Market is the place to find some of the best breakfast items in town.

Serving up cage free and organically produced eggs from Great Valley Poultry is a delicious and nutritious idea. Visit Effie at her egg stand each week to buy what you need for scrambling, boiling, or making into a delicious frittata. Frittatas welcome many market vegetables into the mix – think peppers, chard, mushrooms, green onions, zucchini, and parsley.

Use a mini muffin (12 well) pan to make frittatas for the family. You'll need 4 large beaten eggs seasoned with salt and pepper and a mixture of any or all the following: a few blanched chopped chard leaves, one quarter cup each chopped sautéed mushrooms, peppers, and zucchini, and 2 tablespoons each minced green onion and parsley. Fill your greased mini-muffin wells about one quarter full of the egg mixture. Distribute wells with fillings and top with remaining egg mixture to fill almost to the top of the well. Bake at 325 degrees for about 20 minutes. Cool slightly in the pan before removing.

Looking for more breakfast ideas using farmers' market purchases?

Flavor a bowl of plain non-fat Greek yogurt with a spoonful of jam. Top with granola.

Top a bowl of oatmeal or wholegrain cereal with slices of pear or apple.

Make some quick French toast by lightly beating together 3 eggs, one third cup milk, salt to taste and one quarter teaspoon cinnamon. Heat a lightly oiled griddle or skillet to medium high heat. Dunk each slice (about 4 thick slices) of bread in the egg mixture, soaking both sides, and place in pan. Cook on both sides until golden. Top with sliced strawberries.

Use milk or yogurt to combine with strawberries, plums, figs or even avocado to make a super good smoothie.

Enjoy and see you at the market!

The Orinda farmers' market is open every Saturday from 9 a.m. to 1 p.m. on Orinda Way in front of the Community Park and Rite Aid. For more information, visit the website at [www.cccfm.org](http://www.cccfm.org) or call the market hotline at (925) 431-8361.



BARBARA KOBSAR  
Eggs are just one of the many colorful items available at the Orinda Farmers' Market.

◆ TRUCKS from page 1

Food trucks are not new to Orinda. For the past several summers, alternating food trucks have provided meals during the weekly concert in the park series. The idea of having food trucks as a self-contained event, however, started a little over a year ago when another food truck company, Off the Grid, contacted Planning Director Drummond Buckley. Buckley involved members of What's Up Downtown Orinda, who were very excited about the prospect.

While nothing resulted from these initial talks, Buckley returned to the idea this past April after reading recommendations from the ULI Technical Assistance Panel that recently conducted a study on revitalizing Orinda's downtown.

"One of the panel's recommendations was to make better use of the beautiful public spaces we have along Orinda Way in front of the library and community center," explains Buckley. "I mentioned this to members of What's Up Downtown Orinda [WUDO]. They did some quick research and put me in touch with TOW."

According to WUDO members Laura McDowell, Trudi Loscotoff and Hillary Murphy, both WUDO and the city want to create a more vibrant community by attracting people downtown.

"Our group has experienced night markets in nearby towns and cities. We have seen positive benefits such as increased foot traffic to nearby businesses and restaurants, as well as the fun sense of community that events like these create," says Murphy. "We hope the Thursday Night Street Feast will become a weekly tradition that Orindans and members of our neighboring communities look forward to."

McDowell added, "We spotted teens, tweens and toddlers . . . an enterprising OIS student set up a make-your-own-slime

table for kids. We saw old friends and made new ones."

Some members of the Orinda community are less than thrilled about the Thursday Night Street Feast. Local restaurants, in particular, fear adverse impact on their business.

"I wish they had looked at doing this on a Monday or Tuesday when it wouldn't affect us as much," says Carlos Rangel of Shelby's in Theatre Square. Rangel notes that his business on Aug. 17 was very slow. "I also wish they had asked for our input earlier instead of apologizing to us now."

The apology referred to a meeting between the Chamber of Commerce, Interim City Manager Steve Solomon and many of the restaurant owners. At the meeting, which took place the week before the food trucks arrived, Peter Eberle of Piccolo Napoli proposed the idea of a 10 percent discount at local restaurants on Thursday nights.

An employee at Piccolo Napoli noted that their business on Aug. 17 was "ok." He stated that they had some advance reservations for large parties that helped but owner Peter Eberle noted that Piccolo didn't have any take out orders that night.

On the other hand, Siam Orchid, across the street from the food truck event, had increased patronage when some of the trucks ran out of food.

"We're observing what happens during the pilot program," explains Chamber of Commerce President Roy Hodgkinson. "We're collecting data from the restaurants on any impact and will provide it to the city. But we're also seeing if the event has a positive impact on other Chamber members such as Orinda Books and Hilton House."

Trimble also hopes that the events will spark more business for locals: "I know local restaurants are worried, but I've spoken with my colleagues in Pleasant Hill and Concord that have been doing similar events, and that hasn't been the case. It has enhanced their business as new people come downtown in addition to local residents."

Samantha Ross of TOW says she received mostly positive feedback from the Aug. 17 event: "The most critical feedback was in regards to the trucks having visible kids menu items as well as veggie options. The trucks do for the most part have both available. I will follow up with all trucks on this for future events."

The pilot food truck program at the Orinda Community Center continues through Oct. 19. For more information, go to [www.cityoforinda.org](http://www.cityoforinda.org).



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PERFORMING ARTS

# Local Theater Premieres Farce in the Park Amphitheater

By DAVID DIERKS  
Assistant Editor

Sept. 1 marks the Northern California debut of Robert Merrill's *5 Door Farce* by the Orinda Starlight Village Players (OrSVP). "This play is about what happens when the characters leave the stage," says director Jill Gelster before specifying, "Note I said characters, not actors." Gelster adds, "When actors exit, they usually go to the green room or hang out backstage, but

what do the characters do?" In this case, the first character that appears is a 1950's housewife coming into her kitchen to bake a cake. Once there, she stumbles across characters from other plays, two men from the 2010s, and a lady, her maid, butler and visitor from the 1930s. "Insanity ensues," says Gelster. *5 Door Farce* is the second of Merrill's plays performed by OrSVP, the first being the company's 2016 production of *Aria's*.

This production features OrSVP regulars

Monica Bonnington, Susan Chapple, Bill Chessman, Dan Phillips, Claire Stevenson (all appeared in *The Wizard of Oz*), John Chapin (appeared in 2016's *Love, Sex and the I.R.S.*), Beth Donovan (seen in *Love, Sex and the I.R.S.*), Martha Luehrmann (seen this year in *The Unexpected Guest*), Carolyn Rising (seen in *Aria's*) and Ken Sollazzo (also in *The Unexpected Guest*). New faces to OrSVP include Steve Florek and Orindan David Erlichman.

Performances of *5 Door Farce* run through Sept. 29, Friday and Saturday nights at 8:30 p.m., with a Sunday matinee on Sept. 24 at 4 p.m. and a Thursday performance on Sept. 28 at 8 p.m. Tickets are \$20. Children (18 and under) are \$10 and seniors (66+) are \$8. Visit [www.orsvp.org](http://www.orsvp.org) for more information.

OrSVP has graciously cancelled their previously announced Sept. 30 performance at the request of the Orinda/Tabor Sister City Foundation (OTSCF). The OTSCF will be showing a movie in the



DAVID DIERKS  
**Ken Sollazzo and Beth Donovan** last year's production of *Love, Sex, and the I.R.S.*

park, so OrSVP will not be having a performance that night. "Being good neighbors and helping other community organizations offsets the not insignificant loss of ticket sales from our final performance of the run," says Gelster.

OrSVP is completely volunteer run and no one at the theatre is paid. Anyone who is interested in any aspect of theatre and would like to help is encouraged to contact the group at [www.orsvp.org](http://www.orsvp.org) or 925-528-9225.

# Cal Shakes and Santa Cruz Shakespeare Collaborate on Production



RR JONES  
**Tristan Cunningham, Annie Worden, Patty Gallagher and Kevin Matthew Reyes** in Cal Shakes' joint production with Santa Cruz Shakespeare of *Measure for Measure*.

By KATHRYN G. MCCARTY  
Staff Writer

California Shakespeare Theatre joins forces with Santa Cruz Shakespeare to complete its 2017 season with a co-production of William Shakespeare's *Measure for Measure*, directed by Tyne Rafaeli, opening Sept. 13 at the Bruns Amphitheatre.

According to Rafaeli, *Measure for Measure* deals with the "perennial issues of what it is to govern, and what it is to be governed." She adds, "In our present moment in this country and across the globe, we're in pretty profound conversations about what it is to be a leader, and what that position means for both the people in the

position of power and its citizens." Shakespeare's last and darkest comedy explores the nature of authority and the experience of being ruled with justice and mercy. Set in Vienna, *Measure for Measure* centers around Angelo (played by David Graham Jones), deputy to the Duke of Vienna. When the Duke appoints Angelo to govern in his temporary absence, Angelo becomes a devious leader whose puritanical rule turns the city upside down. He enforces an old law which makes fornication punishable by death. After shutting down the city's brothels, Angelo imprisons Claudio (Kevin Matthew Reyes), the first man to be sentenced under the law.

[SEE CAL SHAKES page 13]

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# What I Did on My Summer Vacation

By SALLY HOGARTY  
Editor

Miramonte senior Sienna Marley has quite a story to tell about her very busy summer in China.

The talented young woman received a National Security Language Initiative for Youth (NSLI-Y) Scholarship. Awarded by the U.S. State Department's Bureau of Educational and Cultural Affairs, the scholarship allowed Marley to study Chinese in Xi'an, China, where she received formal instruction and informal language practice as part of an immersion environment.

Marley, who studied three years of Mandarin at Miramonte before leaving for China, spent her first week in Beijing visiting historical sites as well as the U.S. Embassy and volunteering at a retirement home. The rest of her trip, Marley lived with her host family in Xi'an and studied Mandarin at a local high school.

"This was such an amazing experience," says Marley. "When not in school, I volunteered at a local kindergarten and explored the city. It was such an exciting time."

The NSLI-Y program is part of a multi-agency U.S. Government initiative launched in 2006 to improve Americans' ability to communicate in select critical languages to advance international dialogue and increase American economic global competitiveness. The goals of the NSLI-Y program include: promoting critical language learning among American youth;



CONTRIBUTED PHOTO  
Miramonte senior **Sienna Marley** spent her summer immersed in the Chinese culture and language.

enhancing cross-cultural understanding and deepening trust; sparking a lifetime of interest in foreign language and culture; developing the skills to advance international dialogue, competing effectively in the global marketplace, promoting mutual understanding and contributing to a more peaceful world.

Applications for 2018-19 NSLI-Y programs will be available at [www.nsliforyouth.org](http://www.nsliforyouth.org) in the early fall. For information about U.S. Department of State-sponsored exchange programs, visit <http://exchanges.state.gov>.

## Something to Howl About... Animal Tales

Tick Tock



Jennifer Conroy

Let's talk ticks. As one who loves virtually all critters, I confess there is one that I hate. It's the tick.

I relocate spiders. I herd snails. I even trap and release flies. But I kill ticks. There I've said it.

Why do I hate them? A personal reason is because a tick nearly killed my best dog. Another reason is the recent CNN news story of a 2-year-old Indianapolis girl who died of Rocky Mountain spotted fever caused by a tick bite. She isn't the first victim of a tick bite, and she won't be the last. For excellent information about tick borne diseases, go to [www.cdc.gov](http://www.cdc.gov). The data is there, and you need to read it.

The thing about ticks is that they lurk everywhere. In shrubs, in grass, anywhere in the outdoors. And there is one tick, the brown dog tick, that favors an indoor habitat.

They also hold up against the treatments many of us use to protect our companion animals. The preventives you can purchase over the counter barely cause a tick to shake a leg. They do not have antennae and are arachnids, not insects. The mouth of the tick is constructed with rods that end in teeth. Upon biting the victim, the tick secretes a pain killer and attaches itself where it will remain for days, ingesting the victim's

[SEE TICKS page 18]

## Local Youth Hits it Big This Summer

By KEN HOGARTY  
Staff Writer



CONTRIBUTED PHOTO  
**Braeden Baldwin** finished in the top three among eight year olds in National Finals of baseball competition and met several major leaguers as well.

With the Giants and A's in the doldrums, at least there's been some local success this summer in a major league ballpark. Orinda youngster Braeden Baldwin qualified to compete in the National Finals of MLB's Pitch, Hit & Run (PHR) Competition during its July All-Star Week in Miami, Florida, where he finished in the top three among all under eight years old male baseball competitors in North America.

Coupled with the Junior Home Run Derby for two age groups (twelve and under and fourteen and under), Scott's Pitch, Hit and Run competition featured skills competition in baseball and softball in four age groups. Baldwin, who will be in the third grade at Wagner Ranch Elementary, is the only male from northern California to place

[SEE BALDWIN page 16]



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STUDENTS

**MAT'S TALK**

**Who's Got the Beat?**

Chelsea Pelchat



The days seem to be getting shorter, jeans are favored over shorts, and the airports are bustling with people returning from vacation. For most teens, this means running to Target to complete last-minute back to school shopping, or frantically rushing to complete the stack of summer homework that's been sitting on their desks, untouched, since June. Often times, it's both.

Yet for a group of approximately 60-70 students, August was that time of the year when the cycle restarted as we welcomed a new class of freshmen to Miramonte. Gathering in the cafeteria at 7:45 a.m. on Mat's Day, the Link Crew committee prepared for the next few hours of leading a variety of activities designed to make the transition from eighth grade to high school a bit less daunting. Current sophomore Claire Draeger recalls, "Before Mat's Day, I was really stressed for my freshman year, because I thought I was going to get lost while trying to find my classes. But when I

got there, the Link leaders were extremely friendly and turned the concept of 'high school' into something I found myself to really be looking forward to."

After having the freshmen run through a gauntlet with Link Leaders cheering on each side, the commissioners led an assembly to provide some basic information about the place the newcomers will call home for the next four years. Next, the freshmen were split off into groups of 10, each led by two Link Leaders. In these small groups meant to provide one-on-one interaction, new 9th graders spent a few hours touring the school, providing the underclassmen with a perfect opportunity to address any concerns, before ending with a pizza lunch on the quad.

This year, in receiving the class of 2021, the Link Crew did a phenomenal job in promoting Miramonte's supportive environment by reaching out to the new students with open arms, welcoming them with true Matador spirit.

◆ GALLERY from page 2

they take you. She believes art is the transmission of the feeling of artistic experience. By feeling the color and powerful shapes portrayed, she hopes viewers derive joy from her paintings. A favorite quote of hers comes from Plutarch: "Painting is a silent poetry; poetry is an audible painting." Tsang is showing a group of five sagger fired clay vessels entitled *Family*. Sagger firing is a ceramic boxlike container that protects pottery from open flame, smoke, gases and kiln debris during firing. *Bottle B* in the group (15" x 6" 2") is incised with Meng Jao's iconic poem, *A Travelers Lament*.

Regarding the value of art to the community, Gunn says, "As the Bay Area becomes more of a finance and digital age community, and human emotions become more compartmentalized, keeping art and music alive is more and more important in our schools and community." Tsang says, "Art can evoke feelings." Tivenan responds from an Orinda perspective: "When I see the *Wheely Whirly Peacock* in Library Plaza, I laugh. That's what art can do."

You can visit the gallery at 26 Orinda Way during normal library hours – Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; and Sunday, 1 p.m. to 5 p.m. The library is closed on Sep. 3 and 4 for Labor Day. Call 925-254-2184 for more information or visit <http://ccclib.org>.

◆ CAL SHAKES from page 11

When aspiring nun Isabella (Lindsay Rico) approaches Angelo to beg for her brother's life, the hypocritical Angelo vows to release him in exchange for surrendering her chastity. The play's plot unfolds from there.

Audience members are encouraged to picnic on the Brun's site before the show where they can also enjoy an array of enrichment events held in conjunction with *Measure for Measure*. These activities include Open Captioned performance (Sept. 20, 7:30 p.m.), Meet the Artists Matinee (Sept. 17 and Oct. 1 following the 4 p.m. show), InSight Matinee (4 p.m. Sept. 24), Post Show Talkbacks (Sept. 19, 21 and 27) and Grove Talks (45 minutes prior to curtain).

The co-production runs Sept. 13 - Oct. 8, at Bruns Memorial Amphitheater, Tuesdays through Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 4 p.m. with a Saturday matinee on Sept. 23, at 2 p.m. The Bruns Amphitheater is located at 100 California Shakespeare Theater Way, Orinda. The grounds open two hours before curtain and the theater offers free shuttle service from the Orinda BART station (beginning 90 minutes prior to curtain) as well as free onsite parking. For more information, call the Cal Shakes Box Office at 510-548-9666. Additional information and online ticketing are available at [www.calshakes.org](http://www.calshakes.org).

**Fitness Tip of the Month**

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SCOUTS

## Troop 303 Honors Three New Eagle Scouts

By JIM BROVELLI  
Contributing Writer

Boy Scout Troop 303 in Orinda honored three new Eagle Scouts at a Court of Honor Award Ceremony at Holy Shepherd Lutheran Church. Taylor Dixon, Paul Griessel and William Walker earned the highest advancement rank in Scouting by fulfilling requirements in the areas of leadership, service and outdoor skills, as well as completing at least 21 merit badges and organizing and leading a service project benefiting their community. These three young men joined the less than four percent of all scouts who achieve Eagle Rank. For his Eagle project, Taylor Dixon

worked with the Oakland Zoo to construct wooden platforms for utility cabinets that the camels, lion and tiger keepers use to store supplies. Taylor completed this Eagle project and Eagle rank while attending Bishop O' Dowd High School in Oakland. He is currently studying at Wood Cross High School in Wood Cross, Utah.

Paul Griessel's Eagle project was to install a bike repair station along Moraga Way, part of the 17-mile Lafayette - Orinda - Moraga Loop. The bike repair station features a DERO Fixit, Air Tire Pump and Swerve Racks. The Fixit includes all the



CONTRIBUTED PHOTO  
Eagle Scouts Taylor Dixon (L) and Paul Griessel



CONTRIBUTED PHOTO  
Eagle Scout William Walker.

necessary tools to perform basic repairs and maintenance. There is also a QR code on the Fixit so that smartphone users can look up common repair "how to's." The repair station is the same one used at Google Headquarters and can be located using an app. Paul just graduated from Acalanes High School and now attends Amherst College.

William Walker's Eagle project consisted of various construction projects at St. Stephen's Church in Orinda, including building a fence, repairing directional signs, and replacing classroom signs. He, and those who assisted him, logged over 250 hours to complete the project. In the fall, William is a senior at Campolindo High

[SEE SCOUTS page 18]

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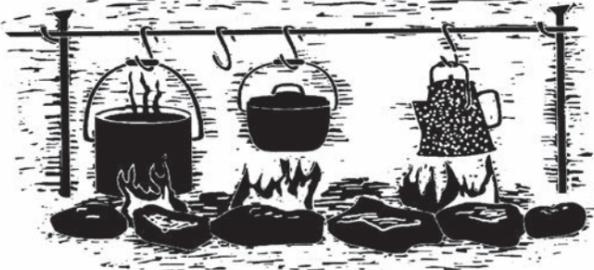
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**SCHOOL CALENDAR**

**SEPTEMBER**

- 1 **Miramonte High School Mats Day**, Welcome Back Rally, 11:30 a.m.
- 4 **All Schools** - No School.
- 5 **Del Rey Elementary School**, 8:30 a.m. 5th Grade: Do the Rot Thing (Science)
- 6 **Miramonte High School**, ACT vs SAT Presentation, 6 p.m., College and Career Center  
**Miramonte High School** Governing Board Meeting, 7 p.m. AUHSD Community Room 1212 Pleasant Hill Road, Lafayette
- 7 **Miramonte High School** Back to School Night, 6 p.m.  
**Sleepy Hollow Elementary** minimum day and Back to School Night, 5:30 p.m.
- 11 **OSD Board of Trustees** meeting, 6 p.m., 8 Altarinda Rd, Orinda.
- 15 **Del Rey Elementary School** Staff Development: Minimum Day  
**Sleepy Hollow Elementary** minimum day.
- 22 **Sleepy Hollow Elementary** Parents Club General Meeting, 9 a.m.
- 23 **Wagner Ranch Elementary** Bandit Bash 2017 Annual Wagner Ranch Celebration & Auction, 6 p.m. Wilder Orinda Quarry House, 8 Quarry Hill Rd, Orinda.
- 25 **Orinda Academy** all school retreat through Sept. 26. The retreat will be at the Marin headlands. It's an overnight trip that is focused on team building activities and getting to know new students and teachers.
- 26 **Del Rey Elementary School** TK & K Vision & Hearing Screening
- 27 **Del Rey Elementary School** Gr: 2 & 5 Vision & Hearing Screen  
**Sleepy Hollow Elementary** Picture Day.  
**Holden High School** Information Session 6 p.m.  
**Orinda Academy** Virtual Day, an online teaching day. Kids and teachers stay home and log in through Google hangout and Google classroom to work on projects.
- 28 **Del Rey Elementary School** Picture Day. Also, Sept. 29.  
**Sleepy Hollow Elementary** Mom's Fiesta Night, 6:30 p.m.

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FILM



**THE REEL LESS TRAVELED**

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Tom Westlake

From a film columnist's standpoint, September in Orinda is a fascinating month. We not only have several special screenings, but we also have the enjoyment of the 20th Annual California Independent Film Festival!

To say that the Film Festival ([www.caiff.org](http://www.caiff.org)) is the film highlight of the Orinda/Moraga area would be egregiously understating it. Here, we pull out all the stops. Searchlights shine their beacons into the sky. Red carpets are taken out of storage and rolled out proudly. Celebrities on both sides of the camera come out and, more often than not, shine brighter than the searchlights! All during the week of Sept. 7 – 16, the Orinda Theatre, the Rheem Theatre and that other grand movie palace in San Francisco, The Castro, will all team together to present, for want of a better word, passion.

Even the most casual moviegoer certainly knows that movies just don't appear. They are created, labored over, assembled and finally "abandoned" to us, the eager audience. Over the course of those precious few days, we lucky few who live in the area will have the opportunity to bear witness to that passion. Every type of cinema will be fairly represented here, from shorts, both animated and live action; documentaries, both important and diverting; and, of course, the always exciting and unpredictable Iron Filmmaker Contest.

Of course, no film festival would be complete without the full-length features. This year the CAIFF seems to have outdone itself with several premiers, not the least of which is *The Last Poker Game* starring Martin Landau in one of his final screen performances, *Class Rank* directed by Eric Stoltz and starring Bruce Dern and Kristen Chenoweth, and *The Congressman* starring Treat Williams, and co-starring George Hamilton. Visit the aforementioned website for a full schedule.

Right smack dab in the middle of this festival will be another film that is, for all intents and purposes, a film festival in itself. Wherein the CAIFF might be representative of the fragmentary nature of film-making, the movie that The Moraga Movers will be showing is a master-class in what could happen when all those fragments come together to form a wonderful, awe inspiring, cohesive whole. I speak of *Citizen Kane*.

Indeed, so much emphasis is made of its technical brilliance that it often obscures how important *Kane* really is, especially in this day and age. Those in the know are already aware of the parallel between Charles Foster Kane and William Randolph Hearst but what I would like to call your attention to is their more modern counterparts and the overall destructive, polarizing influence they're having on today's society. Take note at how cavalier Kane is towards just about anything, completely disregarding the possible harm he's doing. Watch as he isolates himself and alienates everyone around him, little realizing that the only "deal with the Devil" he's made is actually with himself. Then think on the possible effects his actions have on those whose lives he influenced (which were – and are – legion). And in the end – Rosebud.

The parallels are all too easily drawn. *Citizen Kane* will screen at the Rheem Theatre on Sept. 13 at 2 p.m. Admission is \$7. So, there's a whole lot to look forward to after all, and, with the CAIFF in full swing, it should be an easy matter to stay in the dark, for that's where the reel magic lies.

◆ **GLAZER** from page 5

his two years in office.

"Almost every bill I have introduced has a Republican author and I've done several joint Town Hall meetings with Republican State Assembly member Catharine Baker," said Glazer. "It should be more about policy matters than whether someone is a Democrat or Republican. I think it's really important that we stay true to principles and policies that maintain local control."

Glazer noted that the party receiving the most new members is "undeclared" saying that it sends a message to both major parties that they are not representing the people any more. "It's just not healthy," he added. "Whether you're in Washington or Sacramento, there are just too many shenanigans."

The state senator also said that he had voted for the bond measure for high speed rail many years ago, but due to its escalating costs, he no longer supports the project. "They just don't seem to have a financial plan, and I think we would be better served investing the money in roads and BART," said Glazer.



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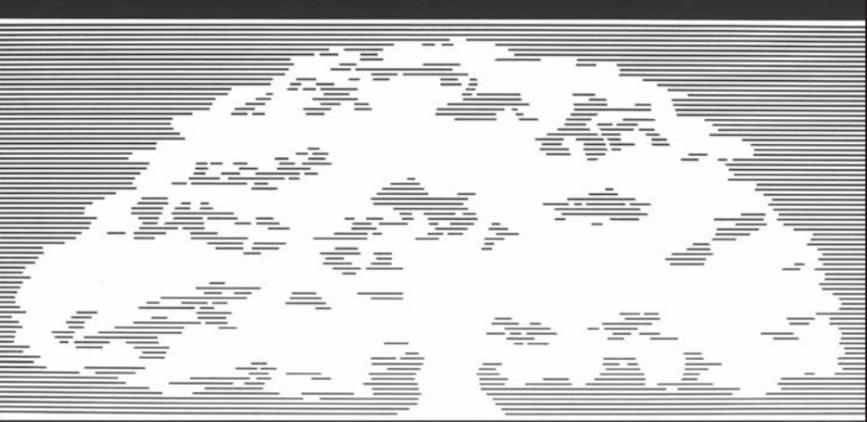
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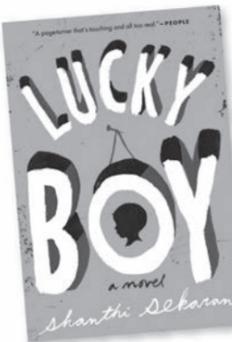
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## CALENDAR

## ON THE CALENDAR

## SEPTEMBER

- 1 **California Shakespeare Theater** presents *Measure for Measure* by William Shakespeare through Oct. 8. Tickets are available through the Cal Shakes Box Office at 510-548-9666 or by visiting [www.calshakes.org](http://www.calshakes.org). See article page 11.
- Orinda Starlight Village Players** present Robert Merrill's *Five Door Farce* through Sept. 29, Friday and Saturdays at 8:30 p.m., Thursday Sept. 28 at 8 p.m., and Sunday Sept. 24, 4 p.m. Orinda Community Center Park Amphitheater. For more information and tickets call 925-528-9225 or email [info@orsvp.org](mailto:info@orsvp.org). See article page 11.
- 7 **City of Orinda** The Taste of the World Market Street Feast food trucks, 5 p.m. Orinda Community Center. Also, Sept. 14, 21 and 28. See article page 1.
- 8 **Orinda Classic Car Show** weekend begins with Dancing with the Cars, 5:30 p.m. "This year's theme will be taking a trip down the Mother Road - Route 66. Tickets are \$125.00 per person and can be obtained through the Car Show ([www.orindacarshow.com](http://www.orindacarshow.com)) or Orinda Rotary ([www.orindarotary.org](http://www.orindarotary.org)) websites. See article page 1.
- 9 **13th Annual Orinda Classic Car Show**, 10 a.m. until 3 p.m. Admission is free! For more info. go to [www.orindacarshow.com](http://www.orindacarshow.com) and see article page 1.
- Orinda Books** will hold a reception for artist Richard Leech, 1-3 p.m. Leech's illustrations of cars and motorcycles will be on display throughout the month. Susan Leech, the late artist's wife and owner of Village Antiques, will host the reception. 276 Village Square, Orinda, [info@orindabooks.com](mailto:info@orindabooks.com). 925-254-7606.
- 7 **Orinda Books** Story Hour with Cathy G., 10 a.m. All 2-4 year olds with their grown-ups are invited to join us for a lively hour of stories and songs. Also, Sept. 14, 21, and 28. 276 Village Square, Orinda, [info@orindabooks.com](mailto:info@orindabooks.com), 925-254-7606.
- Orinda Books** Book Launch, 6 p.m. Tamara Ireland Stone will sign copies of her first middle-grade novel, *Click'd*. 276 Village Square, Orinda, [info@orindabooks.com](mailto:info@orindabooks.com), 925-254-7606.
- 20th Annual California Independent Film Festival**, 6 p.m., Orinda Theatre, Rheem Theater and Castro Theaters, through Sept. 16. See article page 15.
- 10 **Orinda Library Art Gallery Reception**, 2:30 p.m. - 4:30 p.m. Meet the artists and enjoy refreshments. Exhibit of 2D Artwork and Saggar Fired Clay Vessels on view all month. See article p. 2.
- 13 **Orinda Books** 2nd Wednesday Book Club discusses *The Teenage Brain* by Frances Jensen, 3 p.m., 276 Village Square, Orinda, [info@orindabooks.com](mailto:info@orindabooks.com). 925-254-7606.
- 14 **St. Mary's College Guild Installation Tea Party**, 10:30 a.m. - 2 p.m., St. Mary's Soda Center, 1928 St. Mary's Rd., Moraga. \$30. RSVP by Sept. 10. Send check to Patricia Wiegmann, 39 Carr Dr., Moraga, 94556 or call 925-376-6088.
- 15 **The International Film Showcase** will present the Serbian black comedy, *Train Driver's Diary* at the Orinda Theatre. Show times will be available on Tuesday Sept. 12 at: [www.lamorindatheatres.com](http://www.lamorindatheatres.com). Also, Thursday Sept. 21. It follows a family of train drivers who keep track of people they have unintentionally killed while driving their trains. It has won 17 international film awards. It is 85 minutes long.
- Seed (Special Education Enrichment Development) Respite Night** 6 p.m., Lafayette-Orinda Presbyterian Church (LOPC) 49 Knox Drive, Lafayette.
- 19 **World Affairs Book Group** will discuss *THE BLACK FLAGS: The Rise of ISIS*, by Joby Warrick, 3 p.m. The discussion will be lead by Dick Strong. 276 Village Square, Orinda, 925-254-7606.
- 20 **Orinda Books** Social Issues Book Group moderated by Pat Rudebusch discusses *No Is Not Enough* by Naomi Klein, 6 p.m., 276 Village Square, Orinda, Call to register, 925-254-7606.
- 21 **Lafayette-Orinda Presbyterian Church (LOPC)** Congo Mission Annual Conference, 3 p.m., 49 Knox Drive, Lafayette, through Sept. 23. For full details of the conference, go to [www.congopartners.org](http://www.congopartners.org) and see article page 7.
- 23 **Middle Eastern Food Festival** 11 a.m. St John's the Evangelist, 501 Moraga Way. See article page 8.
- Orinda Chamber of Commerce Senior Health and Wellness Fair**, 1 p.m., Orinda Community Center, 23 Orinda Way. See article page 8.
- 29 **Orinda Books** hosts Terry Bush, 6 - 7:15 p.m. Bush will read from his debut novel *Crescent Street* about rebuilding London post WWII through the 1970s. Refreshments will be served. 276 Village Square, Orinda, 925-254-7606. See article p. 18.

## AT THE LIBRARY

All events are free unless otherwise specified. For more information, call 254-2184 or visit [www.ccclib.org/locations/Orinda.html](http://www.ccclib.org/locations/Orinda.html). All libraries will be closed on September 3 and 4.

- 1 **Teen Coloring Club**, 4 p.m. Join the Orinda Library TAG to de-stress, relax and have fun. The library provides age appropriate coloring books and colored pencils you provide the inspiration and creativity. Free and open to all. Also Sept. 8, 15, 22, and 29.
- 5 **Toddler Lapsit**, 10 to 10:25 a.m. and 10:30 to 10:55 a.m. Songs and stories for babies, toddlers (0-5) and their caregivers. Drop in to any Lapsit, attendance is limited to once per week. Also Sept. 6, 12, 13, 19, 20, 26 and 27.
- Peek-a-Boo Time**, 11:30 a.m. Rhymes and rhythms for infants and pre-walkers (16 months) and their caregivers. Gallery Room, Families with older siblings are welcome. Also Sept. 12, 19 and 26.
- Orinda Library Writers Group**, 6:30 p.m. Meet with a friendly group of beginning writers in a supportive environment to motivate, critique and inspire one another. Share two pages of your writing (any genre) and get feedback from the group. Also Sept. 19.
- 7 **ESL Conversation Circle**, 1 p.m. For adults, practice and improve English conversation skills in a small, informal group, Registration not required. Also Sept. 14, and 21.
- Just for Teens: Collage Crafts**, 4 p.m., Make creative bookmarks and magnets with collage artist Valerie Adinolfi. All materials provided. Garden Room. For grades 6-12. No registration required. Generously sponsored by the Friends of the Orinda Library.
- 13 **From Spiritual to Material and Back Again Author Talk**, 6:30 p.m. Anna Gatmon, PhD, is the author of *Living a Spiritual Life in a Material World: Four Keys to Fulfillment and Balance* (August 15, 2017 - She Writes Press).
- 15 **Mystery Book Club**, 3 p.m. Join the Orinda Mystery Book Club to uncover and discuss the new mystery book of the month. This month's selection is *The 8th Confession* by James Patterson.
- 28 **Jade**, 1 p.m. An Asian Art Museum Docent will share highlights of the museum's Jade collection. Sponsored by the Friends of the Orinda Library.
- Feed Your Children Well: A Workshop for Preschool and Elementary Parents**, 3:30

## Festival of Trees Fundraiser Returns in November

By SUSAN DOMINGOS  
Contributing Writer

The Orinda Woman's Club will present the 31st annual "Festival of Trees" on Thursday, Nov. 17, at the San Ramon Marriott Hotel, 2600 Bishop Drive, San Ramon, Ca. 94583. The event, to be emceed by Channel 7's Dan Ashley, promises a luncheon and a fashion show filled with beautiful fashions by Helen Lyall of Napa. There will also be a silent auction, followed by a live one.

Funds raised will benefit two worthy causes. The first is Pillars of Hope, a residential restorative care program focusing on life skills, therapy and job re-entry programs to survivors of human trafficking.

Funds will also go to Berkeley Hope Scholars, an academic retention program at UC Berkeley that provides support and resources to incoming freshman, transfer and continuing students who are current or former foster youth or orphaned.

Tickets are \$90. You are asked to secure



SALLY HOGARTY

Tickets for this year's Festival of Trees, complete with beautiful fashions and miniature trees, are now on sale.

yours as soon as possible. For more information, contact Betty Brotherton at 925 963-6356 or at [www.OrindaWomansClub.org](http://www.OrindaWomansClub.org).

p.m. Food can become a fraught topic during the teen years. Lisa Bograd, MFT, will discuss how to set up good food associations in young children. How to support their children to listen to their own cues of hunger and satiety. How to avoid power struggles around food and weight. How to respond to picky eaters in ways that reduce anxiety and increase food receptivity. How to cultivate healthy attitudes toward food and body image and reduce the risk of eating disorders or compulsive eating behaviors. How to help their children harness their best selves and to thrive in the skin they are in.

- 28 **Contra Costa Tale Spinners**, 7 p.m. Join this lively group to tell or listen. This is storytelling for adults with a featured teller every month. The program usually takes place in the Gallery Room of the Orinda Library.

## CLUB MEETINGS

- Diablo Star Chapter #214**, Order of the Eastern Star. Second Monday, 7:30 p.m. Orinda Masonic Center, Karen Seaborn, 925-689-0995.
- Friends of the Joaquin Moraga Adobe**. Third Monday, 7:30 p.m., Garden Room, Orinda Library, [www.moragaadobe.org](http://www.moragaadobe.org).
- Friends of the Orinda Creeks**. Fourth Wednesday, 8:30 a.m., May Room, Orinda Library, 925-253-1997. National Coastal Cleanup Day 9 a.m. San Pablo Creek see article page \_\_\_\_.
- Guided Meditation**. Wednesdays, 9 a.m., St. Mark's United Methodist Church, 451 Moraga Way, Orinda, focuses on health, harmony and wholeness, 925-254-5965
- Lamorinda Alcohol Policy Coalition**. Third Wednesday, 10 to 11:30 a.m., Orinda City Hall Sarge Littlehale Room, 925-687-8844, ext. 227.
- Lamorinda Nature Walk and Bird watching** for seniors. Wednesdays, 9 to 11 a.m., free. Call 925-254-2445 for weekly meeting place.
- Lamorinda Sirs** for retired men. Second Wednesday, 11 a.m. to 1:30 p.m., Holy Trinity Cultural Center, 1700 School St., Moraga, Pete Giers, 925-254-4667.
- Lamorinda Sunrise Rotary**. Every Friday, 7 a.m., Lafayette Park Hotel, 3287 Mt. Diablo Blvd., Lafayette, [www.lamorindasunrise.com](http://www.lamorindasunrise.com) or 925-283-8288. Visit the website for weekly topics.
- Lamorinda Toastmasters**. Every Tuesday, 7:30 p.m., Temple Isaiah, 945 Risa Road, Lafayette, <http://lamorinda.toastmastersclubs.org/>.
- Montelindo Garden Club**. Third Friday, 9 a.m., September through May, St. Stephen's Episcopal Church, 66 St. Stephen's Drive, [www.montelindogarden.com](http://www.montelindogarden.com). The coordinator of Save the Gravenstein Apple will talk on "All About Apples" with apple tastings.
- Orinda Rotary**. Every Wednesday, noon, Orinda Community Center, 28 Orinda Way, 925-254-2222, [www.orindarotary.org](http://www.orindarotary.org).
- Orinda Association**. Second Monday, 7 p.m., Orinda Library, May Room, 925-254-0800.
- Orinda Hiking Club**. Every weekend and first Wednesday, [www.orindahiking.org](http://www.orindahiking.org) or Ian at 925-254-1465.
- Orinda Historical Society**. Call 925-254-1353 for times and location of meetings.
- Orinda Job's Daughters**. First and third Monday, 7 p.m., 9 Altarinda Road, 925-283-7176.
- Orinda/Tabor (Czech Republic) Sister City Foundation**. Fourth Thursday, 7 p.m., social, 7:30 p.m., meeting, call 925-254-8260 for location. Sept. 29 2017 Saint Wenceslaus Czech Festival, 3 p.m. Orinda Community Center Park, through Oct. 1. See article page 1.
- Orinda Teen Advisory Council**. Second Wednesday, 4 p.m., Community Center, 28 Orinda Way, email [orindateenadvisorycouncil@gmail.com](mailto:orindateenadvisorycouncil@gmail.com).
- Orinda Woman's Club**. Second Tuesday, 9:30 a.m. to noon, call Jean Barnhart, 925-254-3881, or [www.orindawomansclub.org](http://www.orindawomansclub.org).

## CITY/FIRE/MEETING SCHEDULE

- City Council**. First and third Tuesdays, 7 p.m., Library Auditorium, [www.cityoforinda.org](http://www.cityoforinda.org).
- Historic Landmarks Committee**. Fourth Tuesday, 3 to 5 p.m., Library Garden Room. Call 925-788-7323.
- Moraga-Orinda Fire District**. First and third Wednesday of the month, 7 p.m. Visit [www.mofd.org/board/meetings](http://www.mofd.org/board/meetings); meeting location will be posted on the agenda.
- Planning Commission**. Second and fourth Tuesdays, 7 p.m., Orinda Library Auditorium, [www.cityoforinda.org](http://www.cityoforinda.org).

Send calendar items to Jill Gelster at [calendar@aspenconsult.net](mailto:calendar@aspenconsult.net)

SWIM CLUB / LOCAL AUTHOR

Orinda Country Club Swims "Fast and Furious" at Mini Meet



CONTRIBUTED PHOTO

This year's 47th annual Mini Meet, hosted by Meadow Swim and Tennis Club, took place on Sunday, July 16. Over 550 swimmers ages 3 to 8 from nine separate clubs swam to this year's race car theme "Fast and Furious" during one of the hottest days of the season. Orinda Country Club brought home the winning trophy, upsetting last year's winner Moraga Valley Pool. Home team Meadow rounded out the top three. Coaches shown above with swimmers are: (L-R) MVP Coach Ross Dautel, OCC coaches Kyra Ruegg and Brooke Woodward and Meadow coaches Matt Amanini, Kyle Peterson and Sean Malley.

◆ SCOUTS from page 14

School where he plays football with the Varsity State Champion Team.

For over 53 years, Orinda Boy Scout Troop 303, chartered by the Rotary Club

of Orinda, has been providing boys with a variety of hiking, camping, community service and leadership opportunities. To learn more about the troop, visit [www.bs-troop303orinda.com](http://www.bs-troop303orinda.com) or contact scoutmaster Jim Brovelli (925) 997-8437.

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*Crescent Street* by Terry Bush

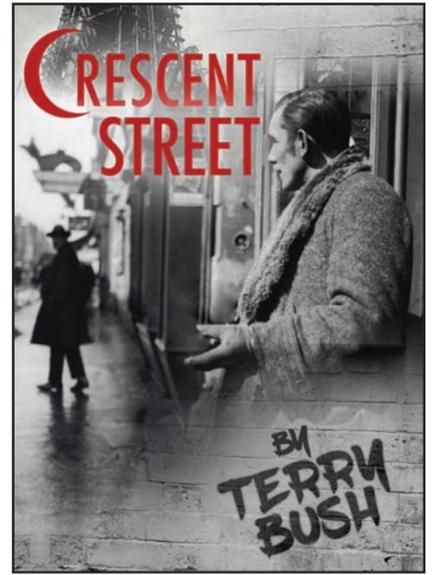
By ELANA O'LOSKEY  
Staff Writer

Debut author Terry Bush, a Lamorinda writer, will read from his novel *Crescent Street* at Orinda Books, 276 Village Square, on Sept. 29 from 6 – 7:15 p.m. Refreshments will be served, and a raffle will award one member of the audience a signed copy of the novel.

Bush wrote his narrative in part to convey the conditions he grew up in during the post WWII era in East London, with a focus upon how people worked together. That, of course, began with Londoners clearing the bombed-out buildings and rubble to make way for new construction.

Bush chronicles two families involved in the construction industry while weaving in the ways in which they interact within their communities and the British political structure. The perfidy that poverty scatters everywhere, coupled with double-crossing and blackmail of all kinds, rubs up against honesty, hard work, kindness and even love as the book proceeds to the 1970s when women entered the construction arena.

After graduating from St. Albans College of Building in London, the author pursued a 40+ year career in construction management. Projects he worked on took him to 11 countries. They included Notre Dame de



CONTRIBUTED PHOTO

Lamorinda author Terry Bush's new novel.

Fatima Hospital in Tehran, Iran; the Asian Art Museum in San Francisco; and Covent Garden Opera House in London, England. Closer to home, he was involved in the construction of the California Shakespeare Theater's amphitheater and served on its board of trustees for 21 years. He moved to Moraga in 1979 and now lives with his wife Sandra in Walnut Creek.

For more information, call 925-254-7606 or go online to [www.orindabooks.com](http://www.orindabooks.com).

◆ TICKS from page 12

blood.

Applying tick preventives is no assurance that your animal, your child or you will avoid a tick bite. Upon returning from any outdoor activity, check your animals and humans thoroughly to locate any tick that may have attached itself. Tick removal is tricky, as you must remove the entire creature. You can purchase tools for this from pet supply stores or online resources. Check with your veterinarian as she may have tick removal tools available. After removing the tick, drop it in alcohol, let it "marinate" a bit, and then flush it down the toilet.

The symptoms of tick bite illness vary but almost always include a fever, lethargy and loss of appetite. In the case of my best dog, a 100-pound yellow Lab, he went from a happy playful guy to a vegetable in less than a day. Yes, he was treated with tick and flea preventive on a regular basis. He was

groomed daily. He was checked over from tip of tail to tip of nose after walks in the neighborhood. .

But I missed one and that's all it took. I wasted no time getting him to the veterinarian but even at that he became deathly ill, requiring IV antibiotics and a week-long stay in the veterinary hospital. I stayed with him every night until the vet staff was forced to kick me out. He recovered, thanks to outstanding veterinary care and, I believe, a lot of prayer.

The toddler in Indianapolis wasn't so lucky. She ran a high fever, was hospitalized, was given antibiotics and despite all efforts she died in about a week.

Simply put, ticks are killers. They don't discriminate among cats, dogs, kids, or adults. Use preventives, check your animals, your children, and yourself carefully. Know the symptoms of tick bite fevers and get to your medical provider immediately if you suspect a bite.



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BUSINESS BUZZ

◆ BUZZ from page 20

at [www.orindaoptometrygroup.com](http://www.orindaoptometrygroup.com) or call 253-1320. To send items for consideration, email Hotz at [v.hotz@att.net](mailto:v.hotz@att.net).

**Epicurean Exchange Offers Culinary Travel**

If you enjoy cooking and foreign travel, then check out Epicurean Exchange. Established by Orinda chef Charles Vollmar, a graduate of the California Culinary Academy, these foreign escapades to exotic destinations promise to feed your mind and nourish your soul.

With 20 years of experience as a culinary instructor, Vollmar devotes time and energy personally to develop these tours from scratch, incorporating local sightseeing along with delightful meal preparation each day. In fact, every trip has a daily itinerary. "When you travel as a group, meeting people at the market, the wine shop, along with your drivers, you gain insight into local culture and experience moments that you would never find if navigating alone with a guidebook," says Vollmar. "My goal is for guests to go to sleep at night saying, 'That was an extraordinary day!'"

This month's journey to Provence (September 29 – October 7) is a repeat of the very first tour Vollmar created three years ago. If you are in need of a rewarding



CONTRIBUTED PHOTO  
 Chef **Charles Vollmar** combines cooking and travel as the owner of Epicurean Exchange.

get-away, there are still a couple of spaces available. "The cottage where we will stay is still in the Beck family. Simone Beck co-authored with Julia Child *Mastering the Art of French Cooking*. I have a strong affinity for Child, whom I had the great fortune to meet a few times earlier in my career," enthuses Vollmar.

Excursions scheduled for 2018 begin in January with a one-week package trip to Thailand, January 11 - 20, and later that month, a separate program in Vietnam, January 20 - 30. On the European continent, Vollmar himself will be the tour guide during the sojourn to Sicily, scheduled June 2 - 9, 2018. An additional program is offered, "Best of Puglia," June 10 - 17. If interested in enrolling in both trips, let Vollmar know

so you can receive the special discount for traveling both weeks. Space is limited to 8 - 12 guests on each tour, so early booking is advised. Deposits are required.

"Many Americans do not go to Puglia, which is the heel of the boot of Italy on the map. It is a fascinating place to visit. If olive oil, opera and bicycling tours appeal to you, along with creating great meals, then you should give us a call," comments Vollmar.

Observing that French cooking is the basis for all Western cooking, Vollmar magically nurtures creating a dish from beginning to end: "Cooking is history. Cooking is culture. I look at a recipe as music

that can be played several different ways, depending on the situation." If you have a specific destination in mind, Vollmar will develop a custom itinerary for your group, requiring advance notice of about a year in order to research and plan the expedition.

For those who love to cook but prefer staying at home, Epicurean Exchange offers convenient evening classes in Orinda that are typically three hours in length. For more information, visit the website at [www.epicureanexchange.com](http://www.epicureanexchange.com). You may reach Charles Vollmar at 925-368-4181 or email him at [Charlie@epicureanexchange.com](mailto:Charlie@epicureanexchange.com)

## 70-Year Old Orinda Resident Cycles for Breast Cancer Awareness

Rick Perez set off on his second long-distance bike ride to raise funds for the Lazarex Cancer Foundation, which helps breast cancer patients. His first ride, which included fellow bicyclist Nicholas Bloisa, took him from Santa Monica, CA, to St. Augustine, FL. This year, he did a solo ride starting on June 27 in Astoria, OR, and pedaling into Portsmouth, NH, on Aug. 17.

The 3,640-mile bicycle trek across the country honored Laura Bartron, who died of breast cancer in September 2015 at the age of 45. Bartron was a close friend of Bloisa, who was unable to ride this year.

While last year's ride included 123 degree temperatures in Arizona, this year's route included climbs of 1,500-5,000 feet through the northern Rocky Mountains. Perez says he drew strength for this year's solo ride from his new mantras: "just keep pedaling" and "stop because you can."

Alejandra Garcia-Argon provided support along the way, carrying supplies and coordinating routes and accommodations while Perez's long-time partner Sandi Eng coordinated local support at home and



CONTRIBUTED PHOTO  
 Rick Perez stops in Manchester, NH, the last city before Portsmouth and the end of his long ride.

joined him on the East Coast for the last leg of the ride.

For more information on Perez's epic ride, go to [www.laurasride.org](http://www.laurasride.org) or on Facebook for more up-to-date info at #laurasridenorth.

– Sally Hogarty, Editor

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*(Photo: Orinda Ballet Academy, 2016 "Sleeping Beauty" spring production, Courtesy of Jorge Alejandro Gomez)*

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BUSINESS BUZZ

## Business Buzz Putting a Personal Face on Local Business

Valerie Hotz



### ITVida Offers Website Design for Small Businesses

Longtime Orindan Molly Young established ITVida to serve small businesses in Lamorinda and neighboring communities that have a need for effective website design. A graduate of the UCLA Library School, Young previously served as a librarian, and it was while working at Orinda Books that she discovered the small business owners' need for website design and maintenance.

"A few years ago, I took a class from the American Bookseller's Association and built the first website for Orinda Books. I realized that most small businesses do not need a complicated website but instead want to provide information about prices and specials for the public," says Young. As her interest grew, Young took additional classes, eventually earning a Website Design Professional Concentration certificate from U. C. Davis.

Adept at HTML, CSS, and content management systems such as Drupal and Word Press, Young provides website maintenance services in addition to design. "If a business does not have its own website, it is like not being in the telephone book in the old days," adds Young, who believes that content on Yelp reviews offers an entirely different perspective than does a website dedicated to the small business and managed accordingly. In addition to providing ongoing maintenance for the Orinda Books website, Young designed the website for Café Teatro owner Joe Cho.

ITVida provides three distinct services, including complete website design from scratch, maintenance as necessary, and help for people who have started their website to complete the design and launch. "Content is king. A small business always wants its site to be fresh with current information and upcoming attractions," says Young.

Young and her husband, Ben, reared

their two sons in Orinda. After working in bookstores and as a librarian, she is still absolutely passionate about reading. When not creating websites, Young's two dachshunds keep her very busy.

ITVida is a member of the Orinda Chamber of Commerce. For more information, visit the website at [www.itvida.com](http://www.itvida.com) and complete the contact form located there or email Molly Young directly at [molly@itvida.com](mailto:molly@itvida.com).

### Orinda Optometry Group

Located at 20 Orinda Way since 1985, Orinda Optometry Group's third generation optometrist Kristine Eng, fellow optometrist Kelly Shintani and six staff members serve all ages, from infant to geriatric patients. In-house optician Ronnie Garcia has been in the field for 30 years, having worked previously with the late Dr. Gaynor.

Dr. Kristine Eng and Dr. Kelly Shintani encourage back-to-school full eye examinations for students. "Most learning is done through eyes, especially in the early years, and it is easy for treatable conditions to be missed with negative consequences," explains Dr. Eng. "The whole point of



VALERIE HOTZ

Website designer **Molly Young** owns ITVida, which specializes in creating websites for small businesses.

and detect high blood pressure as well," explains Eng.

Not surprisingly Eng and Shintani are seeing a lot of eye strain as the result of increased computer use among their patients, including Dry Eye Syndrome, a condition in which the eyes do not produce enough tears to adequately nourish and lubricate the cornea. "Special prescription lenses that



CONTRIBUTED PHOTO

**Dr. Kristine Eng** (center) shown here with her father **Dr. Weylin Eng**, who still helps out at Orinda Optometry Group, and **Dr. Kelly Shintani**.

getting eye exams is to examine overall body health, in addition to evaluating the eyes," she adds.

Optical Coherence Tomography (OCT) provides three-dimensional photos of the back of the eye, allowing for viewing below the surface of the retina and including several layers of the eye. "This instrument enables us to see a whole lot of details, and we are able to detect many changes in the eyes. By examining the back of the eyes it is possible to diagnose diseases including diabetes, macular degeneration, glaucoma

carry a specific coating on the lens blocking the harmful blue light are available. A proper prescription is necessary," says Eng.

With the advent of autumn be sure to continue wearing sunglasses. This goes for youngsters as well. "Just as we protect children's skin with sunscreen, so also we need to protect their eyes from ultra violet light. Early in life, our lenses are most clear, which means more ultra violet light can penetrate to the back of the eyes, so youngsters especially need eye protection as their lenses are that much more vulnerable," advises Eng.

The Orinda Optometry Group is a longtime member of the Orinda Chamber of Commerce. For more information and to schedule an appointment, visit the website

[SEE BUZZ page 19]

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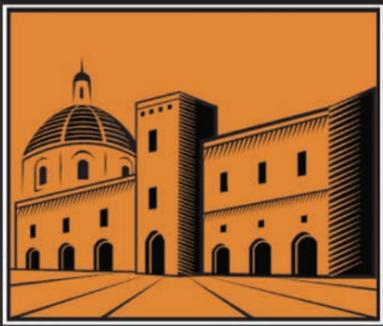
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